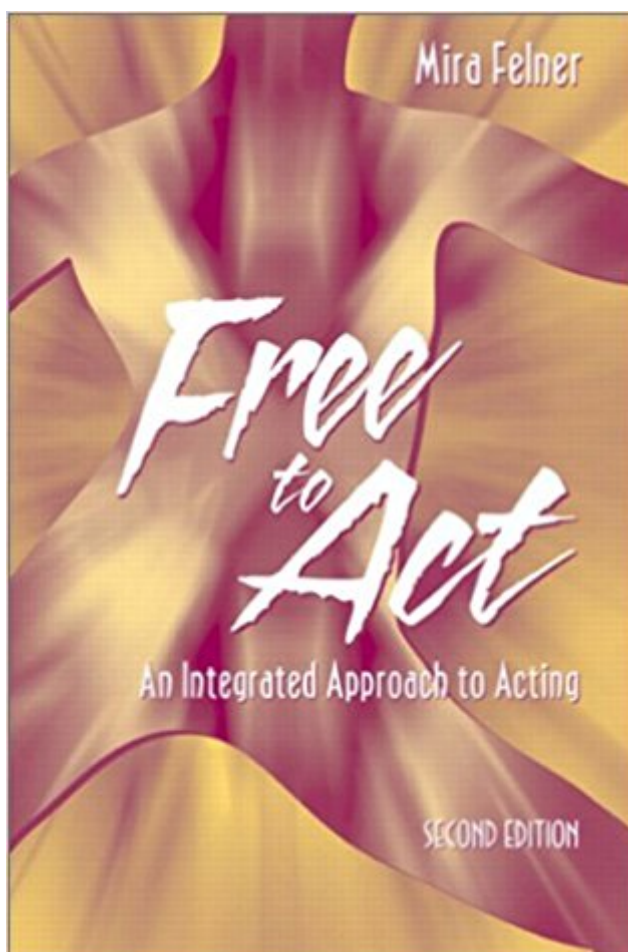


The book was found

# Free To Act: An Integrated Approach To Acting (2nd Edition)



## Synopsis

Free to Act presents a holistic approach to actor training that integrates physical and psychological technique. Its integrated approach emphasizes the idea that the body informs the mind and that emotion is rooted in physical action. Providing a carefully developed system of training, Free to Act guides the student-actor through the complex process by which an actor is formed.

## Book Information

Paperback: 238 pages

Publisher: Pearson; 2nd edition (June 16, 2003)

Language: English

ISBN-10: 0205378234

ISBN-13: 978-0205378234

Product Dimensions: 5.9 x 0.7 x 9 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 4.9 out of 5 stars 10 customer reviews

Best Sellers Rank: #283,910 in Books (See Top 100 in Books) #336 in [Books > Arts & Photography > Performing Arts > Theater > Acting & Auditioning](#) #576 in [Books > Textbooks > Humanities > Performing Arts > Theater](#) #18895 in [Books > Education & Teaching > Schools & Teaching](#)

## Customer Reviews

Free to Act presents a holistic approach to actor training that integrates physical and psychological technique. This text makes the complexities of acting intelligible and accessible to the beginning actor through its system of more than 150 progressively developed exercises with guides for self-analysis and journal entries. Its integrated approach emphasizes the idea that the body informs the mind and that emotion is rooted in physical action. Providing a carefully developed system of training, Free to Act guides the student-actor through the complex process by which an actor is formed. Features: Includes 153 in-chapter exercises accompanied by guides for self-analysis, enabling students to integrate intellectual understanding with experiential knowledge. Illustrates difficult exercises and concepts with exercise photos and line drawings throughout the text. Offers guides to keeping an acting journal, enabling students to better understand and integrate experiential material. Offers guides to criticizing peer work in class in order to develop a thinking actor and create a positive classroom atmosphere. Features production photos to illustrate techniques in performance. Demonstrates text analysis for action and intention with a sample

scored scene in Chapter 12.

great

Got the job done,

An absolutely amazing book. Detailed and definitive in instruction.

Great condition! Great price!

This product was great helpful and very much needed. I gave it five stars for greatness and coolness yeah yippee!

This was for my theatre acting 1 class, i really enjoyed that class and this book. It has very interesting activities

Came in exactly how description said.

I have been teaching acting for twenty years and this is one of the few books to come along that I can consistently turn to for a mixture of useful exercises and intelligent explanations.

[Download to continue reading...](#)

Free to Act: An Integrated Approach to Acting (2nd Edition) Free to ACT: An Integrated Approach to Acting Debt Free for Life: The Ultimate Guide to Get Out of Debt (FREE Bonuses Included) (Debt, Debt Free, Debt Free Forever, Debt Free for Life, Debt Free for Good, Debt Management, Get Out of Debt) Allergy-free Desserts: Gluten-free, Dairy-free, Egg-free, Soy-free, and Nut-free Delights How to Stop Acting: A Renown Acting Coach Shares His Revolutionary Approach to Landing Roles, Developing Them and Keeping them Alive ACT Prep Book: ACT Secrets Study Guide: Complete Review, Practice Test, Video Tutorials for the ACT Test ACT Exam Flashcard Study System: ACT Test Practice Questions & Review for the ACT Test (Cards) Michael Caine - Acting in Film: An Actor's Take on Movie Making (The Applause Acting Series) Revised Expanded Edition Acting Professionally: Raw Facts about Careers in Acting Best Monologues from The Best American Short Plays, Volume Two (The Applause Acting Series) (Applesauce Acting) The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes! Gluten Free: Gluten

Free Diet for Beginners: Create Your Gluten Free Lifestyle for Vibrant Health, Wellness & Weight Loss (Gluten-Free Diet, Celiac Disease, Wheat Free, Cookbook Book 1) Barron's ACT, 2nd Edition (Barron's Act (Book Only)) Barron's ACT Math and Science Workbook, 2nd Edition (Barron's Act Math & Science Workbook) Essential ACT, 2nd Edition: Flashcards + Online: 500 Need-to-Know Topics and Terms to Help Boost Your ACT Score (College Test Preparation) Barron's ACT with CD-ROM, 2nd Edition (Barron's Act (Book & CD-Rom)) The Whole Life Nutrition Cookbook: Over 300 Delicious Whole Foods Recipes, Including Gluten-Free, Dairy-Free, Soy-Free, and Egg-Free Dishes Allergy Proof Recipes for Kids: More Than 150 Recipes That are All Wheat-Free, Gluten-Free, Nut-Free, Egg-Free and Low in Sugar My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook Free Cookbooks: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books Included!) (Free Cookbooks, Free, Cookbooks, Recipes, Easy, Quick, Cooking,)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)